

LOCAL WELLNESS POLICY

MUST COMPLY WITH THE REQUIREMENTS BY JUNE 30, 2017

MINIMUM CONTENT OF THE WRITTEN WELLNESS POLICY

- REQUIRED TO REVIEW AND CONSIDER EVIDENCE BASED STRATEGIES TO:
 - DETERMINE SPECIFIC GOALS FOR:
 - NUTRITION PROMOTION
 - NUTRITION EDUCATION
 - PHYSICAL ACTIVITY
 - OTHER SCHOOL BASED ACTIVITIES THAT PROMOTE STUDENT WELLNESS

- STANDARDS AND NUTRITIONAL GUIDELINES FOR:
 - ALL FOODS AND BEVERAGES SOLD TO STUDENTS ON THE SCHOOL CAMPUS DURING THE SCHOOL DAY
 - SCHOOL DAY IS FROM MIDNIGHT TO 30 MINUTES AFTER THE DISMISSAL BELL
 - STANDARDS MUST BE CONSISTENT WITH:
 - FEDERAL SCHOOL MEAL NUTRITION STANDARDS
 - FEDERAL SMART SNACKS IN SCHOOL'S NUTRITION STANDARDS

- STANDARDS FOR ALL FOODS & BEVERAGES PROVIDED (NOT SOLD) TO STUDENTS DURING THE SCHOOL DAY
 - CLASSROOM PARTIES
 - CLASSROOM SNACKS
 - FOOD BROUGHT BY PARENTS
 - FOODS GIVEN AS INCENTIVES

- POLICES FOR FOOD & BEVERAGE MARKETING THAT ONLY ALLOW FOR ADVERTISING ITEMS THAT MEET FEDERAL SMART SNACKS IN SCHOOL'S NUTRITION STANDARDS

- DESCRIPTION OF WELLNESS POLICY LEADERSHIP
 - ONE OR MORE LEA/SCHOOL OFFICIALS MUST BE ESTABLISHED FOR EACH SCHOOL TO ENSURE EACH SCHOOL COMPLIES WITH THE POLICY

- DESCRIPTION OF THE WELLNESS POLICY EVALUATION PLAN
 - AN ASSESMENT MUST BE CONDUCTED EVERY 3 YEARS AT A MINIMUM TO DETERMINE:
 - DISTRICT/SCHOOL COMPLIANCE WITH THE WELLNESS POLICY
 - HOW THE POLICY COMPARES TO MODEL WELLNESS POLICIES
 - PROGRESS MADE TO ATTAINING THE GOALS OF THE POLICY

- DESCRIPTIONS OF PUBLIC INVOLVEMENT ALLOWED IN THE WELLNESS POLICY PROCESS
 - AT A MINIMUM THE FOLLOWING MUST BE ALLOWED TO PARTICIPATE
 - PARENTS
 - STUDENTS
 - SCHOOL FOOD AUTHORITY
 - TEACHERS OF PHYSICAL EDUCATION
 - SCHOOL HEALTH PROFESSIONALS
 - SCHOOL BOARD
 - SCHOOL ADMINISTRATORS

ADDITIONAL REQUIREMENTS

- DOCUMENTATION MUST BE STORED AND MAINTAINED:
 - A COPY OF THE CURRENT WELLNESS POLICY
 - RECORDS OF HOW THE POLICY AND ASSESSMENTS ARE MADE AVAIABLE TO THE PUBLIC
 - MOST RECENTS ASSESSMENT OF IMPLIMENTATION OF THE POLICY
 - RECORDS OF THE EFFORTS TO REVIEW AND UPDATE THE POLICY
 - WHO WAS INVOLVED
 - HOW STAKEHOLDERS WERE MADE AWARE OF THIER ABILITY TO PARTICIPATE

- MUST BE AVAILABLE FOR THE PUBLIC
 - THE WELLNESS POLICY
 - WELLNESS POLICY UPDATES
 - TRIENNIAL ASSESSMENT
 - PROGRESS TOWARDS MEETING THE WELLNESS POLICY GOALS