SCHOOL HEALTH INDEX - ELEMENTARY SCHOOL

Module 3: Physical Education and Other Physical Activity Programs

Score Card (photocopy before using)

Instructions

- 1. Carefully read and discuss the Module 3 Discussion Questions (pages 5-17), which contains questions and scoring descriptions for each item listed on this Score Card.
- 2. Circle the most appropriate score for each item.
- 3. After all questions have been scored, calculate the overall Module Score and complete the Module 3 Planning Questions located at the end of this module (pages 18-19).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
PA.1	150 minutes of physical education per week	3		1	0
PA.2	Adequate teacher/student ratio	3		1	0
PA.3	Sequential physical education curriculum consistent with standards	3	2	1	0
PA.4	Information and materials for physical education teachers	3		1	0
PA.5	Prohibit exemptions or waivers for physical education	3	2	1	0
PA.6	Students active at least 50% of class time		2	1	0
PA.7	Individualized physical activity and fitness plans	3	2		0
PA.8	Health-related fitness	3	2		0
PA.9	Promote community physical activities		2	1	0
PA.10	Licensed physical education teachers		2	1	0
PA.11/A.1	Address special health care needs		2	1	0
PA.12/ S.1/A.2	Physical education safety practices		2	1	0
PA.13/S.2	Playgrounds meet safety standards	3	2	cho	0
PA.14	Professional development for teachers	3	(40)	1	0
PA.15	Participation in intramural programs or physical activity clubs	3	2		0
PA.16	Promotion or support of walking and bicycling to school	3	2	1	
PA.17	Availability of before- and after-school physical activity opportunities	3	(2)	1	0
PA.18	Availability of physical activity breaks in classrooms	3	2	1	
PA.19/S.3	Physical activity facilities meet safety standards	3	(2)	1	0
COLUMN	TOTALS: For each column, add up the	T		Т	
numbers tha	t are circled and enter the sum in this row.	18	19	G	0
If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (57) by subtracting 3 for each question eliminated).		TOTAL POINTS: Add the four sums above and enter the total to the right.			36

